



LANDULPH SCHOOL

Landulph Saltash Cornwall PL12 6ND Tel (01752) 845572

www.landulphschool.co.uk

Head of School **Mrs E Best B.Ed (Hons)**

LANDULPH SCHOOL PE POLICY

STATEMENT OF SCHOOL BELIEFS

Landulph Primary School believes that physical activity is vital to the development of the pupil as a whole. It contributes to the pupils' physical, emotional, mental, intellectual and social development. It also raises aspirations and is a positive contribution to pupils' experiences of school life. A broad and balanced PE curriculum with progressive learning, appropriate challenges, targets and supportive resources, will help develop a full range of skills amongst pupils.

Landulph School also recognises that PE has a vital role to play in raising awareness, and developing good practice and promotes positive attitudes towards healthy and active lifestyles.

Our beliefs are developed within the main aims below.

CURRICULAR AIMS

- To develop skilful use of the body, the ability to remember, repeat and refine actions, and to perform them with increasing control, co-ordination and fluency (acquiring and developing).
- To develop increasing ability to select, link and apply skills, tactics and compositional ideas (selecting and applying).
- To improve observational skills and the ability to describe and make simple judgements of their own and others' work, and to use their observations and judgements to improve performance (improving and evaluating).
- To develop an understanding of the effects of exercise on the body, and an appreciation of the value of safe exercising (knowledge and understanding of fitness and health).
- To develop the ability to work independently, and communicate with and respond positively towards others (working alone and with others).
- To promote an understanding of safe practice, and develop a sense of responsibility towards their own and others' safety and well-being (applying safety principles).

KEY AIMS ACROSS THE SCHOOL:

- To provide a well-balanced programme of physical education which will include; games, gymnastics and dance, athletics, outdoor adventures and swimming;
- to promote a positive attitude to health and hygiene;
- to develop personal qualities such as self-esteem, decision making and self – control;





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- to develop communication skills through PE vocabulary;
- to engage in competitive sports and activities to help develop values and positive attitudes such as, team spirit, co-operation and respect for rules and others.

EQUAL OPPORTUNITIES AND INCLUSION

The school aims to provide the highest quality PE lessons for all pupils. Tasks and the use of resources need to be challenging, but also matched to different abilities and needs. All pupils in the school have equality of opportunity in terms of curriculum balance, curriculum time, use of resources and use of facilities. Where possible, support staff are available to work with, and specifically help pupils who require extra assistance. Teachers could consider the following strategies which will help enable all pupils to achieve further development and progress in lessons:

- Modified activities (changing rules, playing area, equipment)
- Included activities (all pupils play adapted games)
- Parallel activities (all pupils take part in the same activity, but in different ways)
- Separate activities (alternative activity offered that pupils undertake part on own)
- Planning with the inclusion/SEN manager, class teaching assistants.

We believe that all pupils, irrespective of race, gender, special educational needs or ability are entitled to a full and comprehensive programme of physical activity which:

- Fulfils the statutory National Curriculum requirements
- takes into account their individual needs and abilities
- provides them with opportunities to pursue activities to their potential

GIFTED AND TALENTED

Staff must ensure that there are adequate opportunities for Gifted and Talented children and these should be noted within planning where appropriate. The PE and Gifted and Talented coordinators should be informed. Pupils who are Gifted and Talented within PE are offered the same curriculum as all other children; however they will be offered opportunities to join clubs within school, to join external clubs through the School Partnership and take part in events offered through the partnership.

ENTITLEMENT

The school provides 2 hours of high quality PE to each pupil, every week. The delivery is through PE lessons. Units of work are usually blocked and will rotate every half term.

OUT OF HOURS/EXTRA CURRICULAR LEARNING

The purpose of extracurricular activities is to:





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- Extend children's learning
- Raise standards in PE
- Provide for all abilities
- Encourage fitness for life and increase daily physical activity
- Provide opportunities for inter / intra school competition (festivals, leagues etc.)

At Landulph Primary School we provide pupils with relevant sports opportunities that are open to all, through extended schools. Clubs are led by teachers, staff, qualified coaches and parents. The sessions may be after school or/and during lunchtimes. The clubs are rotated regularly and different pupils are invited to join each time. The school is regularly involved in festivals and competitions, which take place at other local primary schools, local secondary schools or other sports venues.

LUNCHTIME/PLAYTIMES:

All pupils have regular access to lunchtime games activities, through the 'Huff 'n' Puff' scheme.

Children are encouraged through assembly sessions to take part in other activities at playtime such as skipping and monthly challenges— equipment is provided. At times, structured active morning playtimes are planned for children to have the use of equipment such as balls, ropes, French skipping and bean bags.

PLANNING

Teachers plan lessons using the saved template in the PE folder. Teachers may use the Cornwall schemes of work to assist with planning including TOPs cards as well as other purchased schemes. All lessons should consist of a warm up (including stretching), skills based session, core activity and then a cooling down session. PE plans need to build upon the prior learning of children and should challenge pupils. Lessons should provide opportunities for children of all abilities to develop their skills, knowledge and understanding in each activity area.

Classes will undertake dance, invasion and net games, gymnastics and athletics on a rotational basis throughout the year. Alterations to lesson organisation will be expected if a specialist sports coach will be teaching one specific area for an extended period (e.g. during a six week block).

All Teachers must plan to use the wall apparatuses in some of the gymnastic lessons. Teachers need to look at the timetable and organise their own time slot with other teachers.

The Local Authority syllabus is followed for swimming.

Teachers must plan for intra-school competition; where pupils experience sport with other pupils from different classes. It could, for example, take the form of a dance or





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gymnastics performance or a games tournament. The PE co-ordinator, alongside the class teacher, will help plan for inter-school competitions against other schools.

GUIDELINES FOR THE PRACTICAL MANAGEMENT OF PE LESSONS:

Staff Participation

It is essential that all staff working with the class actively participate during the whole of each lesson. This could be by either assisting individuals, group work or leading whole class sessions. Where the lesson is being taken by a sports coach, staff must not leave the activities to attend to other business. Such a session is intended as 'in-house' training.

Pupils

All pupils must take part in all PE lessons in accordance with their timetable. This includes dance, games, gymnastics, athletics, swimming and outdoor activities. If a pupil does not take part in the lesson, teachers must note the reason given. Pupils may only be excused if an appropriate letter has been given, or a parent/carer has been seen. Persistent non-participation without good reason must be followed up (please inform the Head of School). If a pupil is unable to take part in the PE lesson, they must be supervised and, where possible, be involved in the session in some way (e.g. observe or time pupils).

POLICY FOR PE KIT

During PE lessons, the wearing of jewellery is strictly forbidden to ensure safety for all children. If studs cannot be removed due to new piercings, a plaster must be placed over the earring. If watches are worn they must be removed and put safely to one side, although you must keep in mind your possible responsibility for these. Hair must be put up if it is long enough.

Pupils must change clothes for all PE lessons.

- *Indoors*: shorts / T- shirt / barefoot or trainers.
- *Outdoors*: shorts, track suit bottoms, leggings / T- shirt or sweat shirt / trainers (note, parents are required to supply appropriate dress for weather and events). A level of discretion may be used here – particularly with younger pupils, but every effort should be made to stay within these guidelines. **Pupils who forget their kit may see if they can borrow appropriate clothing from the school.**

RESOURCES AND EQUIPMENT

The PE co-ordinator makes an annual audit of equipment and resources, providing an up-dated list to staff. All lost or damaged resources need to be reported to the PE co-ordinator. The coordinator requests replacement or new items of equipment as required in consultation with the Head of School. All equipment is kept in the outdoor PE shed. Large gymnastics apparatus is stored around the hall.





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SAFETY

Class teachers and adults others than teachers are responsible for the safety of the children in their care. Adults ensure that:

- PE kit and jewellery rules are understood by the children and are enforced.
- The teaching area and equipment are assessed for safety prior to a lesson.
- Children are taught how to safely get out, carry, use and put away equipment- no pupils are allowed in the equipment store unsupervised.
- Any problems with unsafe or damaged equipment are reported to the PE co-ordinator or Head of School.
- Accidents should be logged in the accident book and parents should be informed when necessary.
- Staff are aware of the fire procedures when leaving the hall.
- Staff and children should be aware of emergency procedures at the swimming pool.
- Transport to/from sporting events – parents are responsible for their own child's travel arrangements. Responsibility of care during the journey rests with whoever transports the child. If a parent is unable to transport their child, they are to make arrangements themselves for their child to travel with another parent. The school must have a permission slip detailing the travel arrangements before a child can leave the premises.

In addition, the large gymnastics apparatus is inspected annually by an outside body.

THE LEARNING ENVIRONMENT

The school hall is used for a range of PE activities.

The playground is used for PE.

The school has a large field, which is used for tag rugby, football, a 200 metre track for athletics and a rounder's pitch.

The class teacher determines if the weather is suitable for outdoor activities.

Swimming lessons take place at Saltash Leisure swimming pool for Years 2, 3, 4 and 5.

ASSESSMENT OF ATTAINMENT

All teachers carry out informal observational assessments of pupils that inform their future planning. At a basic level, this can be achieved by:

- watching pupils work
- talking to pupils about what they have done
- listening to them describe what they have done
- pupils self and peer evaluate
- Teachers comment as appropriate

RECORD KEEPING





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It is not necessary to record every aspect of a pupil's progress in PE. Notes kept should be brief and selective. Significant achievement or weakness may be recorded to serve as a basis for planning appropriate challenges. This is particularly important when pupils may be identified as having special needs, or they are seen as motivated achievers. Records are clearly useful when compiling specific notes and for producing the annual school report. Photographs of activities are useful for assessment and as evidence for assessment and for future planning.

MONITORING AND REVIEW

The subject leader will oversee the continuity and progression within annual and medium term plans. They will also monitor the quality of teaching and learning through observations. The leader will support colleagues and share expertise, arrange opportunities for outside agencies to visit the school in order to enhance learning and advise teachers on the objectives and teaching methods for the next year.

Date of Policy: November 2013

Member of Staff responsible: Mrs Sarah Smith

Review date: November 2015

Signature: _____ **Chair of Governors**

Date Approved: _____

